

For Caregivers

Help your loved one every day

There are many things you can do on a daily basis to help. Here are some helpful tips, information, and resources on supporting your loved one living with a retinal condition. It's important to take care of yourself, too.

There are simple ways to help your loved one

- **Make simple changes around the house** to improve lighting and contrast and reduce glare
- **Stay positive**, and encourage new interests (like audiobooks instead of reading)
- **Provide a relaxing environment** at home for your loved one after doctor appointments
- **Offer help with tasks** when needed, but try not to take over or be impatient
- **Help ease concern about the costs of treatment** by letting them know about assistance programs that may be available

EYLEA is the **#1 prescribed** treatment in its class
FDA approved for Wet AMD, DME, and MEfRVO.*

*IBM Truven MarketScan data: Number of injections administered, from Q4 2018 through Q3 2019; Data on File.

Care for you, too

Caring for a loved one may be stressful. It's important that you take steps to help care for your own health and well-being and be sure to talk to your doctor as needed.

- ✓ Make time for yourself, relax, and stay healthy
- ✓ Ask for help when you need it, and accept help when it's offered
- ✓ Look after your own needs each day
- ✓ Join a support group

Signs of stress may include:

- ⚠ Feeling tired much of the time
- ⚠ Feeling overwhelmed or irritable
- ⚠ Having trouble sleeping
- ⚠ Experiencing weight loss or weight gain
- ⚠ Losing interest in activities you once enjoyed

INDICATIONS

EYLEA® (afibercept) Injection 2 mg (0.05 mL) is a prescription medicine approved for the treatment of patients with Wet Age-related Macular Degeneration (AMD), Macular Edema following Retinal Vein Occlusion (RVO), Diabetic Macular Edema (DME), and Diabetic Retinopathy (DR).

SELECT IMPORTANT SAFETY INFORMATION

EYLEA is a prescription medicine administered by injection into the eye. You should not use EYLEA if you have an infection in or around the eye, eye pain or redness, or known allergies to any of the ingredients in EYLEA, including afibercept.

Please see Important Safety Information on next page and full Prescribing Information.

Want more information?

Subscribe to the EYLEA YouTube channel at [EYLEA.us/youtube](https://www.eylea.us/youtube) and watch our *Tips in a Blink* videos!



Learn more at [EYLEA.com](https://www.eylea.com).

SAFETY INFORMATION FOR EYLEA

IMPORTANT SAFETY INFORMATION AND INDICATIONS

- EYLEA is a prescription medicine administered by injection into the eye. You should not use EYLEA if you have an infection in or around the eye, eye pain or redness, or known allergies to any of the ingredients in EYLEA, including aflibercept.
- Injection into the eye with EYLEA can result in an infection in the eye and retinal detachment (separation of retina from back of the eye). Inflammation in the eye has been reported with the use of EYLEA.
- In some patients, injections with EYLEA may cause a temporary increase in eye pressure within 1 hour of the injection. Sustained increases in eye pressure have been reported with repeated injections, and your doctor may monitor this after each injection.
- There is a potential risk of serious and sometimes fatal side effects related to blood clots, leading to heart attack or stroke in patients receiving EYLEA.
- Serious side effects related to the injection procedure with EYLEA are rare but can occur including infection inside the eye and retinal detachment.
- The most common side effects reported in patients receiving EYLEA are increased redness in the eye, eye pain, cataract, vitreous (gel-like substance) detachment, vitreous floaters, moving spots in the field of vision, and increased pressure in the eye.
- It is important that you contact your doctor right away if you think you might be experiencing any side effects, including eye pain or redness, light sensitivity, or blurring of vision, after an injection.
- EYLEA is for prescription use only. For additional safety information, please talk to your doctor and see the full Prescribing Information for EYLEA.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

INDICATIONS

EYLEA® (aflibercept) Injection 2 mg (0.05 mL) is a prescription medicine approved for the treatment of patients with Wet Age-related Macular Degeneration (AMD), Macular Edema following Retinal Vein Occlusion (RVO), Diabetic Macular Edema (DME), and Diabetic Retinopathy (DR).

Please see the [full Prescribing Information](#) for EYLEA.

EYLEA is a registered trademark of Regeneron Pharmaceuticals, Inc.

REGENERON

